

AFTER COMPOSITE FILLINGS (WHITE FILLINGS)

When an anesthetic has been used, your lips and tongue may be numb for several hours after the appointment. Avoid any chewing and hot beverages until the numbness has completely worn off. It is very easy to bite or burn your tongue or lip while you are numb.

It is normal to experience some hot, cold and pressure sensitivity after your dental filling appointment. Injection sites may also be sore. If pressure sensitivity persists beyond a few days or if the sensitivity to hot or cold increases, contact our office.

You may chew with your composite fillings as soon as the anesthesia completely wears off.

If your bite feels uneven, if you have persistent pain, or if you have any other questions or concerns, please call our office.

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